

DPH Clinical Consulting Services

Specializing in Emotional Wellness,
Aging, and Life Transitions

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Clinical Consultant | Aging Specialist

A lone tree with a full canopy of light green leaves stands in a misty, golden-yellow field. The background is a soft, hazy landscape with distant hills.

Supporting Older Adults with:

- Depression, anxiety, and grief
- Cognitive or physical changes
- Family and caregiver challenges
- Adjusting to retirement or loss
- Connection and purpose in later life

Consulting Services Include:

- Individual and group Clinical consultation
- Program design and staff training for agencies
- Clinical supervision for professionals serving older adults
- Aging and mental health workshops

Approach: Empathic, evidence-based, and culturally responsive support designed to enhance quality of life and professional competence.

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